

## Holy Trinity Polish National Catholic Church

200 Grace Street McKees Rocks, PA 15136

Visit our website: [htpncc.org](http://htpncc.org)

### Mass Intentions

Septuagesima, Pre-Lent 1, January 28, 2024

8:00 AM **Members of Music Ministry**

Remembered by Sue and Dan Malerbo

10:00 AM **Edward Gasior**

Remembered by Terry

Sexagesima, Pre-Lent 2, February 4, 2024

8:00 AM **James Devinney**

Remembered by the Devinney Family

10:00 AM **Members of Holy Trinity**



**Pre-Lent One** Mark's Gospel brings us the story of Jesus driving out unclean spirits from a man in the synagogue. The people are impressed because he taught with authority in ways the scribes did not and they marveled that even the unclean spirits obey him.

This is a wonderful week to use the brief background times of our lives to talk with the Lord about our need for healing. We can begin each day by naming some desire we have for healing and deeper wholeness and peace. Putting these desires into words, early each day, as soon as we get up or while in the shower or while dressing, helps us give focus to our relationship with the Lord that day. "Lord, thank you for this day. Be with me as I face the challenges before me today. I especially need patience and more compassion, Lord. Heal the anger I feel, and give me peace, so that I can love the way I know you want me to."

The healing stories in the gospels make it clear that faith is key to the healing. When the people in Jesus' home town say, "Isn't this just the carpenter's son?" their lack of faith is saying, "He can't heal us." In our own struggle with letting Jesus be our Savior, two things can get in the way. First of all, we need to know we need healing. Secondly, we need to *want* to be healed. If I cling to being angry or have become comfortable being afraid, I will first need to acknowledge what a difference freedom would mean in my life and come to desire healing. Then, I need to believe our Lord can heal me. The rest is easy. This honest dialogue with our Lord, throughout our days, no matter what we are doing, can help us grow in faith in the One who wants nothing more than to keep freeing us to know his love for us and to share it generously with others.

***Loving and merciful God, help me rise out of the darkness of any anxieties so I may live and teach with authority and humility as a Child of God. Amen.***

**MUSIC SCHOLARSHIP SUNDAY** Today, Sunday, January 28 is Music Scholarship Sunday in the Polish National Catholic Church. We are grateful to our Music Director, Dave Condeluci and the members of our Holy Trinity Choir for the important role they play in the life of our parish. On this day we will pledge our support as they all continue to grow in their ministry and we will recommit ourselves to providing support and encouragement in every way possible. Saint Cecilia Pray for Us!

**PNA COUNCIL 305 LENTEN FOOD DRIVE** As we begin to think about the Lenten season, in an effort to build the spirit of fraternalism within sister parishes of our Polish National Alliance Council 305, we are invited to participate in the Council's food drive, "Roll Away the Stone of Hunger". There will be a bin for donations beginning on Wednesday, February 14 and conclude on Passion Sunday, March 17. All non-perishable foods will be donated to a local food bank.

**SUPER BOWL LVIII POOL** The Super Bowl this year is on Sunday February 11, 2024 and our parish will help to make the game more interesting (especially now that the Steelers have made the playoffs and could go all the way?) with a Block Pool. The blocks will be \$10 each and the payouts will be \$100 for the 1st and 3rd quarters, \$200 for half-time and \$500 for the final score. Please see Mike after mass to get your blocks! Good luck to all!

**MASS INTENTIONS FOR THE NEW YEAR** Mass intentions are available for Sundays and other Holy Days throughout the year. Often the intention is for all of the living and deceased members of our Parish community. The Mass intention could also be offered in thanksgiving for a special blessing received, anniversary or birthday, a special prayer request for healing or in honor and remembrance of someone who has passed away. If you would like to schedule a Mass intention for 2024 please schedule with Fr. Mike.

**DONATION OF THE AED** We celebrate the gift of God the Father of his Son to all of creation, and we are grateful. Our parish is also extremely grateful for the generous donation of an Automated External Defibrillator (AED) for our parish. Mike and Nicole Stepek graciously worked with the Borough of McKees Rocks and the Damar Hamlin Foundation to secure this gift for the parish. We are grateful for Mike and Nicole for bringing this gift to us and for the generosity of McKees Rocks Borough and the Damar Hamlin Foundation. We will soon be conducting training on the use of this device and general CPR. All members of the parish will be informed once the training is scheduled and are invited to participate.

**SCHOOL OF CHRISTIAN LIVING** All of the youth of our parish are invited to participate in learning more about the faith in our School of Christian Living on Sunday mornings. All students that are participating, please arrive at 9am. Pre-School/Kindergarten class will begin at 9:30am and all other classes will begin at 9am. There will be a Communion and Confirmation class so if your child will be receiving either of those Sacraments, please plan on attending. If you have any questions regarding Sunday School, please contact Mary Nosal at mary.l.nosal@gmail.com or 412-817-0438. All are welcome!

**BENEDICTION OF THE BLESSED SACRAMENT HOLY HOUR** As a Eucharistic people, adoration of Jesus in the Blessed Sacrament focuses our attention on the love of God that permeates our lives and our world. On Saturday, February 3, our parish will host a Holy Hour beginning at 10:00 AM. February will be our final of five first Saturdays of the month to pray and offer sacrifices for the conversion of Russia and peace in Ukraine, Israel and the Middle East. Please plan to participate in this time prayer as requested by Our Lady of Fatima. All are welcome!

**My God, I believe, I adore, I hope and I love You. I ask pardon of You for those who do not believe, do not adore, do not hope and do not love You. Most holy Trinity, Father, Son and Holy Spirit, I adore You profoundly. I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He is offended. And through the infinite merits of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg of You the conversion of poor sinners. Amen.**

**PARISH COMMITTEE MEETING** The Parish Committee will meet after the 10:00 AM Mass on Sunday, February 4, 2023.

**SUPPORT FOR HOLY TRINITY** Thanks to all who generously support Holy Trinity parish. On Sunday, January 21st, the parish received \$2,318 in the collection. In addition, the parish received \$65 for the PNCC Fund, \$30 for Initial Offering, \$38 for HELP, \$20 for Music Scholarship, \$21 Mission and miscellaneous cash and checks was \$227. The total deposit was \$2,2719. The Enhancement Fund received \$45. Your generosity is greatly appreciated! If you would like to have a set of envelopes for your contributions please see Paulette or Fr. Mike.



**PRAY FOR THE SICK** Please pray for all those who are infirmed or home bound. In a special way we pray for Adam, Alan, Beverly, Bobbi, and Carol K., Dolores, Donald, Jeanne, Jim, Joann, Joe, Kathy, Kimi, Knox, Linda, Nick, Melinda and Shelby Lorraine.

***THE COMMUNION PRAYER*** *In union, O Lord, with the faithful at every altar of your Church where the Holy Eucharist is now being celebrated, I desire to offer you praise and thanksgiving. I present to you my soul and body with the earnest wish that I may always be united to you, and, since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself with you, and embrace you with all the love of my soul. Let nothing ever separate you from me. May I live in you, and may you live in me, both in this life and in the life to come. Amen. Julian of Norwich*