

## Holy Trinity Polish National Catholic Church

200 Grace Street

McKees Rocks, PA 15136

Visit our new and improved website: [htpncc.org](http://htpncc.org)

### Mass Intentions

Fourth Sunday of Lent, March 19, 2023

8:00 AM **Margaret Butz**

Remembered by Ruane Family

10:00 AM **Thomas Claybaugh** (Birthday)

Remembered by Family

Fifth Sunday of Lent, March 26, 2023

8:00 AM **Joey Fedyshyn and Herbie Hall**

Remembered by Family

10:00 AM **Jean Lauck**

Remembered by Susan and Harland West



**THANK YOU** The Choral Group, "ONE VOICE" presented a magnificent experience last Sunday afternoon that touched the hearts of all in attendance. This time of grace would not have been possible without the dedication of David F. Pressau, the One Voice director and the cast of talented musicians. One Voice's mission is to spread the word of God's love through a ministry of music, and for that we are grateful! The day could not have been such a success without the work of many from our parish as well. Thanks to those who organized the event, those who helped to advertise the event, those who prepared the sanctuary for the presentation and those who set everything back up at the end of the day and thanks to all those who prepared the delicious meal for the social time that followed, creating a beautiful reception for all in attendance. May the grace of this lenten moment of worship and prayer stay with us so we grow ever more deeply in the love of God and the gift of His son Jesus!

### **THANK YOU FROM MCKEES ROCKS POLICE DEPARTMENT**

Dear Holy Trinity Polish National Catholic Church Members,

Thank you very much for your generous donation to the K9 Fund. Only with the help of the community will we be able to accomplish our goal. And having the support of your church is very much appreciated and will not be forgotten. Thank you again,

Chief Rick Deliman, McKees Rocks PD

**MARCH 19, FEAST OF ST. JOSEPH** Joseph, by the work of your hands and the sweat of your brow, you supported Jesus and Mary, and had the Son of God as your fellow worker. Teach me to work as you did, with patience and perseverance, for God and for those whom God has given me to support. Teach me to see in my fellow workers the Christ who desires to be in them, that I may always be charitable and forbearing towards all. Grant me to look upon work with the eyes of faith, so that I shall recognize in it my share in God's own creative activity and in Christ's work of our redemption, and so take pride in it. When it is pleasant and productive, remind me to give thanks to God for it. And when it is burdensome, teach me to offer it to God, in reparation for my sins and the sins of the world.

This prayer was taken from the booklet "Devotions to Saint Joseph" by Brian Moore, S.J.

**YOUTH STATIONS OF THE CROSS** We are not able to journey to Jerusalem during this lenten season, but we are able to walk with Jesus and recall his saving passion, death and resurrection so we may live more fully. Our Community will pray for an end to violence as we walk with the Lord. Please join in prayer and fellowship beginning at 6:00 PM each Friday evening. We will share fellowship after with a simple meal. This Friday, March 24th we invite all of the youth to join in the Stations of the Cross. After stations we will continue the fellowship with pizza from Doughboys. Everyone is invited to attend!

**POLISH NATIONAL UNION** People Need Us! Districts 5 and 12 of the PNU are inviting all parishes to join in a food drive to roll away the stone of hunger. Our lenten food drive will run until Palm Sunday. Please bring your donations to church each

Sunday and leave them in the bins located in the entrance to the church. All of the donations will be given to a local food bank to be distributed to individuals and families in our area. Thanks for your support!

**MEDICAL MISSION TRIP TO THE DOMINICAN REPUBLIC** A member of our parish is working with a physician to take medical supplies to people in the Dominican Republic. They are in need of large food grade plastic containers that they will use to consolidate medicines and other supplies. If you have large plastic containers from supplements or other foods that you wish to donate please bring them to church during the month of March.

**PARISH COMMITTEE MEETING** The Parish Committee will meet next Sunday March 26 after the 10 AM.

**BENEDICTION OF THE BLESSED SACRAMENT NEW YEAR HOLY HOUR** As a Eucharistic people, adoration of Jesus in the Blessed Sacrament focuses our attention on the love of God that permeates our lives and our world. On Saturday, April 1, our parish will host a Holy Hour beginning at 10:00 AM. All are welcome!

**2023 SUPPORT ENVELOPES FOR HOLY TRINITY** As the New Year begins we are still waiting for our annual church envelopes. The company has run into several obstacles and promises to get them to us as soon as possible, which now looks like it will be the middle of January. Please, until the envelopes arrive and are distributed, place your weekly contribution in a regular envelope with your name so all contributions can be properly credited. We appreciate your generosity and your support of the parish.

**VOLUNTEER(S) NEEDED** The parish outreach via Facebook and YouTube is a valuable asset for parishioners who are not able to participate in Mass. It is also a valuable tool to share and a way to invite others, who may not be participating in the life of a church, to visit our parish for worship and consider joining in our community life of prayer. We are so grateful to Justin and Joe for installing camera;s and all of the technology to make this all possible. Since this is becoming a regular part of our life, we are also looking for one or two members of the parish who would be willing to learn how to live stream the Mass in times when Justin is not available. He has made the process as straightforward as possible and will teach and mentor all who would like to learn. Please contact Justin or Fr. Mike to learn more about this opportunity to serve our parish family.

**PRAYER FOR PEACE IN THE WORLD** Now, Lord, come to our aid! Grant us peace, teach us peace; guide our steps in the way of peace. Open our eyes and our hearts, and give us the courage to say: "Never again war!"; "With war everything is lost". Instill in our hearts the courage to take concrete steps to achieve peace.

**AN ACT OF SPIRITUAL COMMUNION** Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my heart and touch my soul. I embrace You and unite myself with You; may I never be separated from You. Inflamm my heart with the fire of Your love, my Lord and Savior.

***LENT 2023 – The Journey continues!*** The holy season of Lent is an exceptional gift given to us by the church to journey more deeply into the experience of God's love. Jesus shows us the way. Throughout this season we will find him in prayer, fighting off temptations and immersing himself in the Father's love as he completes the plan to win salvation for souls. We are invited to enter into the two movements of this season with Jesus. First we are invited to remove from our lives those things or thoughts that separate us from God. By fasting and fostering a generous heart we practice detachment from things and stuff while seeking deeper attachment to the Source of all life, Our Father. Prayer strengthens this attachment as we spend time with God in our inner rooms and in communal opportunities of worship and praise. As we nurture this beautiful gift of Union we then participate in the second part of the journey. We are commissioned to take the love the Father has for us and allow it to overflow into our world. Our words convey the message of good news to those in our circle of influence and our actions back up those words as we use our resources to lift up those around us.

***Scripture: Turn away your face from my sins; blot out all my iniquities. A clean heart create for me, God; renew within me a steadfast spirit. Do not drive me from before your face, nor take from me your holy spirit. Restore to me the gladness of your salvation; uphold me with a willing spirit. Psalm 51:11-14***

**Reflection and Action Item:** Lent 2023 is not a spectator sport, we are all invited to participate in the opportunity for individual prayer (Praying the rosary and the Psalms each day) as well as communal worship (Sunday Mass, Stations of the Cross). And as we experience the love and presence of our Father we make every effort to share the good news with others in all we say and do. We are invited to lift up those we can in our families and neighborhoods and to join in the efforts of our parish family as we are able (Parish Food Drive, McKees Rocks K-9).

*May God grant us the grace to participate fully, so that the generous gift of the Father may reach its perfection in us!!*