

# Holy Trinity Polish National Catholic Church

200 Grace Street

McKees Rocks, PA 15136

Visit our new and improved website: [htpncc.org](http://htpncc.org)

## Mass Intentions

First Sunday of Lent, February 26, 2023

8:00 AM **Janice and Bob Amend**

In Thanksgiving, 60th Wedding Anniversary

10:00 AM **John Lauck** (Birthday Remembrance)

Remembered by Susan and Harland West

Second Sunday of Lent, March 5, 2023

8:00 AM **Schmidt and Funaiock Families**

Remembered by Sue and Dan Malerbo

10:00 AM **Dorothy "Dot" Gasior (22nd Anniversary)**

Remembered by husband, Bob



**PRAYER FOR LENT** Heavenly Father, As I enter another week of my Lenten journey, guide me to the path that leads to you. Fill my heart with gratitude, patience, strength, and peace as I strive to become the-best-version-of-myself, honestly admitting my shortcomings and sins. As I renew my resolve each day to become a better person, let me hear your voice in the deepest reaches of my heart. Give me rest in you. Help me to accept others, showing them your great love instead of casting judgment. Stay with me through the busy days this week and remind me that when I need comfort, solitude, wisdom, or guidance, I can always turn to you. Help me develop discipline and generosity through fasting and almsgiving, and come closer to you through prayer this Lent. In your name I pray,  
Amen.

From Dynamic Catholic

**SUPPORT THE MCKEES ROCKS POLICE DEPARTMENT** Today is the last day to purchase 50/50 tickets to raise money for the McKees Rocks Police Department to help them with the cost of adding a K-9 officer to their force. Ticket are 7 for \$5 and will be available after both Sunday Masses. With this raffle and the proceeds and donations from the Super Bowl raffle we are approaching \$500. Thank you for your generous support!

**STATIONS OF THE CROSS** We are not able to journey to Jerusalem during this lenten season, but we are able to walk with Jesus and recall his saving passion, death and resurrection so we may live more fully. Our Community will pray for an end to violence as we walk with the Lord. Please join in prayer and fellowship beginning at 6:00 PM each Friday evening. We will share fellowship after with a simple meal. On Friday, March 24th we invite all of the youth to join in the Stations of the Cross. After stations we will continue the fellowship with pizza from Doughboys. Everyone is invited to attend!

**ONE VOICE Lenten Concert** The Choral Group, ONE VOICE will be at our church on Sunday March 12 at 2:00 PM. Their concert will present the wonder and mystery of the Passion of Jesus. Please invite family, friends and neighbors to join you for this special Lenten experience of God's love!

**POLISH NATIONAL UNION** People Need Us! Districts 5 and 12 of the PNU are inviting all parishes to join in a food drive to roll away the stone of hunger. Our lenten food drive will run until Palm Sunday. Please bring your donations to church each Sunday and leave them in the bins located in the entrance to the church. All of the donations will be given to a local food bank to be distributed to individuals and families in our area. Thanks for your support!

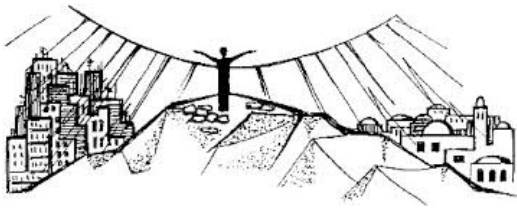
**MEDICAL MISSION TRIP TO THE DOMINICAN REPUBLIC** A member of our parish is working with a physician to take medical supplies to people in the Dominican Republic. They are in need of large food grade plastic containers that they will use to consolidate medicines and other supplies. If you have large plastic containers from supplements or other foods that you wish to donate please bring them to church during the month of March.

**PARISH COMMITTEE MEETING** The Parish Committee will meet after the 10 AM today.

**BENEDICTION OF THE BLESSED SACRAMENT NEW YEAR HOLY HOUR** As a Eucharistic people, adoration of Jesus in the Blessed Sacrament focuses our attention on the love of God that permeates our lives and our world. On Saturday, March 11, our parish will host a Holy Hour beginning at 10:00 AM. All are welcome!

**2023 SUPPORT ENVELOPES FOR HOLY TRINITY** As the New Year begins we are still waiting for our annual church envelopes. The company has run into several obstacles and promises to get them to us as soon as possible, which now looks like it will be the middle of January. Please, until the envelopes arrive and are distributed, place your weekly contribution in a regular envelope with your name so all contributions can be properly credited. We appreciate your generosity and your support of the parish.

**VOLUNTEER(S) NEEDED** The parish outreach via Facebook and YouTube is a valuable asset for parishioners who are not able to participate in Mass. It is also a valuable tool to share and a way to invite others, who may not be participating in the life of a church, to visit our parish for worship and consider joining in our community life of prayer. We are so grateful to Justin and Joe for installing camera;s and all of the technology to make this all possible. Since this is becoming a regular part of our life, we are also looking for one or two members of the parish who would be willing to learn how to live stream the Mass in times when Justin is not available. He has made the process as straightforward as possible and will teach and mentor all who would like to learn. Please contact Justin or Fr. Mike to learn more about this opportunity to serve our parish family.



**PRAYER FOR PEACE IN THE RUSSIAN UKRAINE CONFLICT** Almighty and Great God, accept our gratitude for your boundless mercy towards us. Hear the supplication of our afflicted hearts for the land and people of Ukraine, as they confront foreign aggression and invasion. Open the eyes of those who have been overtaken by a spirit of deception and violence, that they be horrified by their works. Grant victory over the powers of evil that have arisen and bless Ukraine with your gifts of liberty, peace, tranquility, and good fortune. We implore you, O Merciful God, look with grace upon those who courageously defend their land. Remember the

mothers and fathers, the innocent children, widows and orphans, the disabled and helpless, those seeking shelter and refuge, who reach out to you and to their fellow human beings looking for mercy and compassion. Bless the hearts of those who have already shown great generosity and solidarity, and those who prepare to receive their Ukrainian brothers and sisters in Ukraine's greatest time of need. Bring us together as your children, your creation, and instill in us your strength, wisdom and understanding. May you be praised and glorified, now and forever, and to the ages of ages. Amen. (Churches together)

**AN ACT OF SPIRITUAL COMMUNION** Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my heart and touch my soul. I embrace You and unite myself with You; may I never be separated from You. In flame my heart with the fire of Your love, my Lord and Savior.

**LENT 2023 – The Journey has begun!** The holy season of Lent is an exceptional gift given to us by the church to journey more deeply into the experience of God's love. Jesus shows us the way. Throughout this season we will find him in prayer, fighting off temptations and immersing himself in the Father's love as he completes the plan to win salvation for souls. We are invited to enter into the two movements of this season with Jesus. First we are invited to remove from our lives those things or thoughts that separate us from God. By fasting and fostering a generous heart we practice detachment from things and stuff while seeking deeper attachment to the Source of all life, Our Father. Prayer strengthens this attachment as we spend time with God in our inner rooms and in communal opportunities of worship and praise. As we nurture this beautiful gift of Union we then participate in the second part of the journey. We are commissioned to take the love the Father has for us and allow it to overflow into our world. Our words convey the message of good news to those in our circle of influence and our actions back up those words as we use our resources to lift up those around us.

**Scripture:** *“Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.” 1 Peter 5:6-7*

*“We wait in hope for the LORD; he is our help and our shield. In him our hearts rejoice, for we trust in his holy name. May your unfailing love be with us, LORD, even as we put our hope in you.” Psalm 33:20-22*

*“But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.” Isaiah 40:31*

**Reflection and Action Item:** Lent 2023 is not a spectator sport, we are all invited to participate in the opportunity for individual prayer (Praying the rosary and the Psalms each day) as well as communal worship (Sunday Mass, Stations of the Cross, One Voice Concert). And as we experience the love and presence of our Father we make every effort to share the good news with others in all we say and do. We are invited to lift up those we can in our families and neighborhoods and to join in the efforts of our parish family as we are able (Parish Food Drive, McKees Rocks K-9).

*May God grant us the grace to participate fully, so that the generous gift of the Father may reach its perfection in us!!*