Holy Trinity Polish National Catholic Church 200 Grace Street McKees Rocks, PA 15136

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Mass Intentions Sexagesima Sunday, February 12, 2023 8:00 AM James Devinney Remembered by Gretchen and Mike Grimes 10:00 AM Good and Worthy Vocations to the Priesthood in the Polish National Catholic Church

Quinquagesima Sunday, February 19, 2023 8:00 AM Anthony Pickett Remembered by Dorothy Karpa

10:00 AM **Ethel Buriak** Remembered by Family



WELCOME FR. SR. BOB PLECZKOWSKI Today we are happy to have Fr. Sr. Bob share his ministry with the Holy Trinity community. We join in prayer for him. May God bless the work he does for the Army and for the Buffalo-Pittsburgh Diocese.

SUPERBOWL RAFFLE Thanks to everyone who participated in the Superbowl Sunday block pool to help raise money to be donated to the McKees Rocks Police department to support their K-9 Unit. Copies of the pool with numbers are available on the Holy Trinity website or in the Social Hall for all those who would like a copy. Thanks for your support of this parish project for our community.

<u>SUNDAY "FAT" TUESDAY</u> Next Sunday, February 19, will hold a "Sunday Fat Tuesday". Our parish will have a cover dish celebration following the 10 AM mass. Everyone is invited to bring your favorite breakfast treat to compliment our donuts and coffee as we enter into Lent.

LENT BEGINS: Ash Wednesday, February 22. Mass and the distribution of ashes will take place at 7:00 PM. As this holy season begins we turn away from shame and sin and turn into the open arms of God as we are invited to return to him to be restored and set free. Please plan to participate.

STATIONS OF THE CROSS We are not able to journey to Jerusalem during this lenten season, but we are able to walk with Jesus and recall his saving passion, death and resurrection so we may live more fully. Our Community will pray for an end to violence as we walk with the Lord. Please join in prayer and fellowship beginning at 6:00 PM each Friday evening. We will share fellowship after with a simple meal. Everyone is invited to attend!

<u>ONE VOICE</u> Lenten Concert The Choral Group, ONE VOICE will be at our church on Sunday March 12 at 2:00 PM. Their concert will present the wonder and mystery of the Passion of Jesus.

2023 SUPPORT ENVELOPES FOR HOLY TRINITY As the New Year begins we are still waiting for our annual church envelopes. The company has run into several obstacles and promises to get them to us as soon as possible, which now looks like it will be the middle of January. Please, until the envelopes arrive and are distributed, place your weekly contribution in a regular envelope with your name so all contributions can be properly credited. We appreciate your generosity and your support of the parish.

PARISH COMMITTEE MEETING The Parish Committee will meet on Sunday, February 26 after the 10:00 AM

Mass.

<u>BENEDICTION OF THE BLESSED SACRAMENT NEW YEAR HOLY HOUR</u> As a Eucharistic people, adoration of Jesus in the Blessed Sacrament focuses our attention on the love of God that permeates our lives and our world. On Saturday, March 11, our parish will host a Holy Hour beginning at 10:00 AM. All are welcome!

VOLUNTEER(S) NEEDED The parish outreach via Facebook and YouTube is a valuable asset for parishioners who are not able to participate in Mass. It is also a valuable tool to share and a way to invite others, who may not be participating in the life of a church, to visit our parish for worship and consider joining in our community life of prayer. We are so grateful to Justin and Joe for installing camera;s and all of the technology to make this all possible. Since this is becoming a regular part of our life, we are also looking for one or two members of the parish who would be willing to learn how to live stream the Mass in times when Justin is not available. He has made the process as straightforward as possible and will teach and mentor all who would like to learn. Please contact Justin or Fr. Mike to learn more about this opportunity to serve our parish family.



PRAYER FOR PEACE IN THE RUSSIAN UKRAINE CONFLICT At this time of escalating tension we pray with people around the world for peace to prevail: God of the nations, whose sovereign rule brings justice and peace, have mercy on our broken and divided world. Please send your Spirit of peace into the hearts of all and banish from us all the spirit that makes for war, that all races and peoples may learn to live as members of one family, uniting all of creation and in obedience to your law, through your Son, Jesus Christ our Lord. Amen.

AN ACT OF SPIRITUAL COMMUNION Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my

heart and touch my soul. I embrace You and unite myself with You; may I never be separated from You. Inflame my heart with the fire of Your love, my Lord and Savior.

February 2023 – Preparation is the key.Septuagesima Sunday is the ninth Sunday before Easter, and it is the day that begins the Pre-lent season, which is made up of three Sundays: Septuagesima (which means seventieth), Sexagesima (which means sixtieth), and Quinquagesima (which means fiftieth), and then it extends until Ash Wednesday.

During the season of Pre-lent the spirit of the Church becomes more somber and mournful in preparation for the penitence of Lent. We become mindful of our human weakness and sin and the holiness and graciousness of God. We consider our individual and communal sins and God's Justice and Mercy. We pray for the grace to transform indifference into passion, passion for God as we share the Good News of our salvation. We appreciate the gifts of the Creator striving never to let the gifts become the object of our love and devotion. We appreciate above all, the wonder of God's ultimate expression of love in the gift of his son Jesus, a story that we will relive during the great season of Lent. After the season of Pre-lent may we have a clearer knowledge of the justice and holiness of God and, through our repentance, be truly humble as ashes mark our foreheads.

Scripture: "If you forgive others their transgressions, your heavenly Father will forgive you.But if you do not forgive others, neither will your Father forgive your transgressions." Matthew 6: 14-15

"Then the king will say to those on his right, 'Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world.For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me." Matthew 25: 34-36

<u>Reflection and Action Item</u>: During 2023 our parish will reach out to our community in support. WE will make a donation to the McKees Rocks K-9 Fund, collect Food for those who are hungry, provide school supplies to students and send Christmas Shoeboxes to many parts of our world. We will support The Pink Tie Affair as they minister to those with breast cancer. We will use our gifts and talents to demonstrate our faith and gratitude in as many ways as possible!

May God grant us the grace to participate fully!